

CATHOLIC SCHOOLS' Week

JANUARY 10TH - 16TH, 2016



**"What is the most important subject you have to learn in life?
To learn how to love. And this is the challenge life offers you."
- Pope Francis**

PROCLAIM JESUS WITH LOVING HEARTS

BIBLES & CATECHISMS
CHURCH SUPPLIES
CROSSES & CRUCIFIXES
ROSARIES
GIFTS & JEWELLERY
BOOKS & CARDS
CHILDREN'S BOOKS
HERBS & HEALTH FOODS
PICTURES
FIRST COMMUNION &
CONFIRMATION GIFTS



Ave Maria Specialities

Gifts & Health Foods

Interdenominational Christian Store

Healthy Products for the Body, Mind & Soul

1638 – 20th Avenue 250-563-6388

Monday - Friday 8:00am-7:00pm • Saturday 9:00am-6:00pm • Sunday 11:00am-5:00pm



R0011167756

A message from our Superintendent



Chris Dugdale,
Superintendent

Discover a New Freedom

FULL SERVICE MEDICAL SPA & SKIN CARE CENTRE

- Laser Hair Removal
- Facial Rejuvenation
- Laser Vein Therapy
- Microdermabrasion
- Botox™, Latisse™ & Injectable Fillers
- Skin Tightening/Body Contouring
- Pearl & Titan Treatments
- Advanced Skin Care
- Acne - Rosecea
- Sun Damage
- Skin Tags
- Medical Grade & Organic Skin Care Lines

vanishings LASER ESTHETICS INC.™

250-564-5255 • 1-888-71-LASER
1611-15TH AVENUE, PRINCE GEORGE, BC

www.vanishings.ca

For the Best Deals on Furniture & Appliances!

We will not be undersold!



Bi-Rite

Plus FREE in town delivery! **FURNITURE & APPLIANCE**



2nd Ave. & Victoria St.
Prince George

Mon - Sat: 9:00am - 5:30pm

563-2574

email: bi-ritefurniture@shaw.ca

Fax 563-0312

3395168

Our Catholic Schools provide students with a dynamic, relevant and faith-filled education in a safe, caring and Christ-like learning environment. At our Catholic Schools, you can expect:

A Strong Catholic Learning Community

Our dedicated staffs connect our students to community through acts of service and dynamic community events. Our staffs and students pray together and for one another. Parents have a very active role in our schools and contribute in many ways with their talents and their time. Multiple generations of families attend our Catholic schools for our tradition of academic excellence and spiritual formation. Our schools are strong Catholic Learning Communities.

Faith Formation

Our staffs pray together before school, then in their class with their students. Our teachers and pastors meet monthly to work and learn together. New Catholic resources support faith formation in our schools and parishes. <http://aliveinchrist.osv.com/aicinfo>

Staffs are role models in our faith and integrate the teachings of our faith throughout the day. Many school ceremonies and gatherings revolve around the liturgical calendar. Students in our Catholic Schools learn about the treasure and significance of the celebration of the Eucharist while participating in Mass regularly. Our priests visit the schools regularly, making connections with students and staff, often helping at school functions.

Learning and Innovation

We use technology and effective teaching practice to engage and support student learning. We have an iGeneration student video challenge that teaches students collaboration and problem solving skills, enabling students to be innovative and creative.

Catholic schools have a proud tradition of providing a rich, vibrant learning experience in all areas: academic, spiritual, physical and social. Many of our schools have smart boards and interactive technology to support engaging, effective practice. Our students participate in extra-curricular teams such as volleyball, basketball, soccer and cross-country. We proudly offer strong fine arts programs that include band, choir, and speech arts in many schools. Our educators work together as a community of learners to support curious, self-regulated students who will be successful in the 21st century. <http://cispg.ca/igeneration>

If you would like to learn more about our Catholic Schools, please contact the school principals for a tour and visit our school links at www.cispg.ca or contact me anytime cis@cispg.ca or 250-964-5642.

I am proud to serve as the Superintendent of our 8 Catholic Schools – vibrant Catholic Learning Communities.

Chris Dugdale,
Superintendent
www.cispg.ca

Catholic independent schools focus on learning

At CISPG, we are excited to be implementing a "re-designed" curriculum that emphasizes a more flexible and dynamic education system, one that will engage our 21st century learners and better prepare them for an ever-changing world. BC's Education Plan is based on a simple vision: "Capable young people thriving in a rapidly changing world." But what will this look like?

- Learning taking place in the home, school, and community
- Strong foundational skills – reading, writing, oral language, and numeracy
- Developing competencies such as critical

thinking and problem solving, collaboration and leadership, communication and digital literacy, personal and social responsibility, creativity and innovation, and global and cultural understanding.

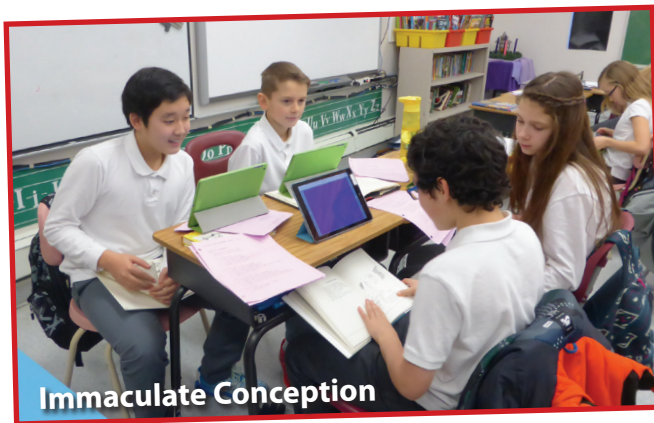
The Prince George Diocese encompasses a large area that includes Prince Rupert (Annunciation School), Kitimat (St. Anthony's School), Terrace (Veritas School), Smithers (St. Joseph's School), Prince George (St. Mary's, Immaculate Conception and Sacred Heart Schools) and Dawson Creek (Notre Dame School). Despite the distances, CISPG educators have met across

the diocese with both Ministry and UNBC personnel to "launch" the new curriculum and examine the "big ideas" and "curricular competencies" essential to the various subject areas.

Throughout the year, teams of CISPG educators are invited to take part in Learning and Innovation inquiry projects that support the BC vision of quality teaching and learning. For example, a new way of "reporting" student learning is being explored in one of our schools. Here, student learning is communicated to parents via digital student portfolios. The program (Fresh Grade) captures student learning as

it happens and tracks student progress in a secure digital environment. Our teachers are also working collaboratively to explore new ways of assessing student learning, promoting student metacognitive (thinking) skills, and weaving social-emotional learning into the daily curriculum.

We are proud to be a community of learners supporting engaged, motivated students who will thrive in the 21st century!



Immaculate Conception



Sacred Heart



St. Mary's

Northern BC Catholic School Listings

SACRED HEART SCHOOL

785 Patricia Blvd. Prince George, BC V2L 3V5
Principal: Rebecca Gilbert
Phone: 250-563-5201 Fax: 250-563-5201
Email: sacredheart@cisp.g.ca
www.shspg.com

IMMACULATE CONCEPTION SCHOOL

3285 Cathedral Ave. Prince George, BC V2N 5R2
Principal: Donncha O'Callaghan
Phone: 250-964-4362 Fax: 250-964-9465
Email: icsoffice@cisp.g.ca
www.icschool.ca

ST. MARY'S SCHOOL

1088 Gillett St. Prince George, BC V2M 2V3
Principal: Brent Arsenaault
Phone: 250-563-7502 Fax: 250-563-7818
Email: stmarys@cisp.g.ca
www.stmaryspg.org

ST. JOSEPH'S SCHOOL

Box 454, 4054 Broadway Ave.
Smithers, BC V0J 2N0
Principal: Rosemary McKenzie
Phone: 250-847-9414 Fax: 250-847-9402
Email: stj@cisp.g.ca
www.stjosephsschool.ca

NOTRE DAME SCHOOL

925-104th Ave.
Dawson Creek, BC V1G 2H8
Principal: Terri Haynal
Phone: 250-782-4923 Fax: 250-782-4388
Email: notredame@cisp.g.ca
www.notredameschool.ca

ANNUNCIATION SCHOOL

627-5th Ave. West
Prince Rupert, BC V8J 1V1
Principal: Laura Lowther
Phone: 250-624-5873 Fax: 250-627-4486
Email: annunciation@cisp.g.ca
www.annunciationpr.ca

ST. ANTHONY'S SCHOOL

1750 Nalabila Blvd. Kitimat, BC V8C 1E6
Principal: Katja Groves
Phone: 250-632-6313 Fax: 250-632-6317
Email: staoffice@cisp.g.ca
www.stanthonysschoolkitimat.com

VERITAS SCHOOL

4836 Straume Ave. Terrace, BC V8G 4G3
Principal: Dave Crawley
Phone: 250-635-3035 Fax: 250-635-7588
Email: veritas@cisp.g.ca
www.veritascatholicschool.ca

ROGER KOLLNER
REAL ESTATE TEAM
SELLS Prince George

PRINCE GEORGE
20 YEARS
REAL ESTATE SERVICE

Talis Rose
*unlicensed



RE/MAX
Centre City Realty
1679 - 15th Ave • 250-562-3600

250-565-5024

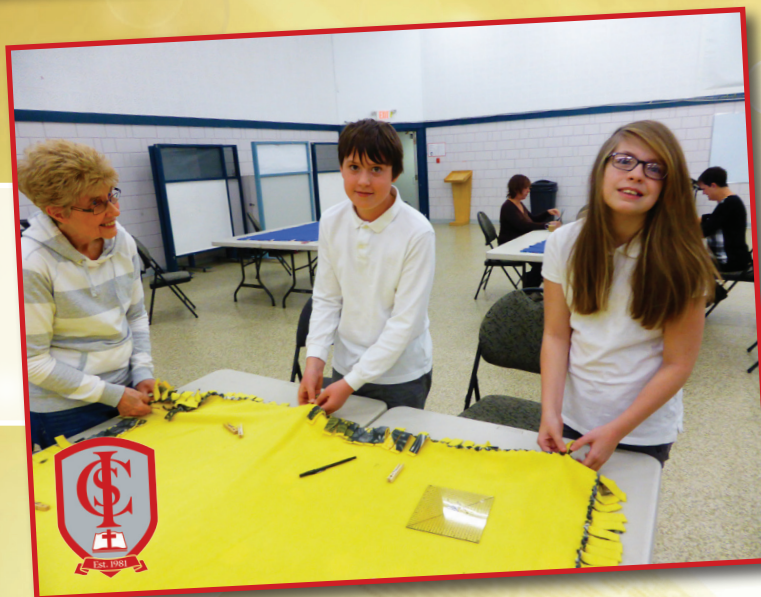
Community Service



The IC leadership club collecting donations for the giving tree



Grade 6 and K buddies from IC make sandwiches for St. Vincent De Paul



IC students making baby blankets for Baby's New Beginnings

St. Mary's Students and families collecting food for St. Vincent de Paul



Twin Day: Students raising money for the Holy Childhood Association (third world countries)

info@idlprojects.com



Head Office:
1088 Great Street
Prince George, BC
Canada V2N 2K8

Ph. 250.649.0561
Fax 250.649.0581
www.idlprojects.com

Sacred Heart School makes brown bag lunches for St. Vincent de Paul



Sacred Heart School helps move poinsettias for Christmas



Sacred Heart School gets ready to sing in the Show Choir at Gateway



St. Mary's School teamed up with the Prince George Cougars to promote walking to school at the start of the school year

NORTHERN ELECTRIC

WORKING ON TOMORROW'S SOLUTIONS

- Fire Alarms
- Custom Home Theatre Installations
- Complete Home Automation
- Fibre Optic
- Security Systems
- Computer Wiring
- Airfield Lighting
- Door Access Control Systems
- Built-in Sound Systems
- Cable & Telephone Installation

INDUSTRIAL • COMMERCIAL • RESIDENTIAL

4150 Versatile Pl
Prince George, BC V2M 4K9

250.562.0006

Fax: 250.562.0053

www.northernelectricltd.com

24 HOUR EMERGENCY SERVICE

Unrestricted Class A Reg#45293

Jack Schultz
AUTO BODY LTD.

Serving the Prince George area since 1969

Voted Prince George's
Best Auto Body Shop

A proud member of
CSN
COLLISION & GLASS
www.jsab.org

2065 First Avenue
250-563-0883

R0011167747

Lee J., Julie, and Avery
would like to thank
the amazing staff at
Immaculate Conception
for everything they do!



Immaculate Conception
Catholic Elementary School



Immaculate Conception Catholic School

On a Mission

At Immaculate Conception School you will find a culture of **faith based academic excellence** with a keen focus on individual learner support. This is a culture in which the school and its excellent staff **foster morals, values, and virtues** in each child based on a strong sense of Christianity.

A SCHOOL THAT SUPPORTS ALL LEARNERS

- Fully qualified teachers and support staff delivering the complete BC curriculum.
- Strong academic focus.
- Extensive support programs including learning assistance, counselling, small group instruction and specialist services.
- Excellent Music, Band, French, and Physical Education programs
- Wide range of extra-curricular options in Leadership, Red Cedar Book Club, Art Club, many different sports, intramurals, drama, choir, and yearbook.

A SCHOOL STRONG IN FAITH

- A vibrant Catholic community where your child will feel safe and welcome.
- We pray together in our Eucharistic celebrations and at our assemblies.
- A strong focus on values and virtues including **empathy, responsibility, respect and citizenship**.

A SCHOOL THAT SERVES OTHERS

- Support of many different community organizations.
- International projects in Uganda through NUDF –
- A strong student leadership program.
- A 'Healthy is Happy' team that promotes health and physical wellness for all.

A SCHOOL THAT LOVES COMMUNITY

- Great opportunities for parental involvement.
- An amazing Parent Support Group whose recent achievements include installing a **NEW GYM FLOOR**.
- An incredible healthy hot lunch program.
- After school care offered by the Family Y of Northern BC.

A SCHOOL WITH A VISION

- We continue to update our beautiful library that is packed with tons of great books to read and enjoy
- We continue to invest in incredible tech resources to support student learning including both apple and pc platforms, laptops, ipads, and smartboards
- We are ready to implement the new BC curriculum!

*Families of all backgrounds are welcome at our school to experience a Catholic faith that is alive and where the spirit is strong. Immaculate Conception School is a mission driven school and **exciting things are always happening!!!!** The school is now accepting registrations for the 2016-2017 school year and there are **spaces available** in most grades. For more information contact the school office at 250-964-4362 or check out our amazing website at www.icschool.ca.*



St. Mary's Catholic School



At St. Mary's School students learn to welcome challenges and explore opportunities. A positive and supportive atmosphere is created through the cooperative work of students, teachers and parents. St. Mary's is a catholic community of dedicated educators who seek to develop: faith, respect, responsibility and community. Our school community provides a welcoming environment which encourages parent participation in the life of the school.

ACADEMIC PROGRAM

- Kindergarten to Grade 7 staffed by fully qualified BC teachers.
- Students in grades 1-7 wear uniforms
- Specialist Teachers for Band, Music, PE, LA and French.
- Learning Assistance Team for students who require additional academic support
- 21st century technology integrated in daily learning (ipads, smartboards, fresh grade reporting)

FINE ARTS

- Music for grades K to Grade 4
- Band for Grades 5-7
- French for grades 1-7
- Speech Arts for Grades 3-7
- Choir for Grades 3-7

PHYSICAL EDUCATION PROGRAM

- Full Time Physical Education Teacher, 2.5 hours of PE/week/ class
- Extra-curricular basketball, volleyball, soccer, cross-country running, track and field, and relays.
- Intramural floor hockey and dodgeball.
- Participation in local tournaments and meets

PARENTS

- The Parent Support Group plays a big role in building the spirit in the school as well as help fundraise for the school community.



We put our Faith in Learning!

- Family Fun Nights, Fun Food Friday, movie nights, pancake breakfasts, walk-a-thon, Halloween dance and hosts an annual silent auction, dinner and dance.

RESPONSIBILITY

- The school promotes community, charity and volunteer work. Money is raised for children in developing countries through the Holy Childhood Association as well as local charities like St. Vincent de Paul and the Salvation Army.

Our school is now accepting registrations for the 2016/2017 school year. Busing is also available in many areas. Call 250-563-7502 or check out our website at www.stmaryspg.org for more information.



Sacred Heart Catholic School

A Vibrant School with a Big Heart



At Sacred Heart School we form exceptional leaders using Jesus as our model. We believe in community. We strive to celebrate together as a growing learning community of believers. Our students enjoy and benefit from a warm, welcoming, Sacred Heart School family atmosphere. We take pride in our students' accomplishments and celebrate the gifts and talents of each other through nurturing the discovery and development of individual potential. Here are some of the exciting programs and activities that your child will experience at Sacred Heart School. Many of these activities are unique to our school as we are located close to many community facilities.

ACADEMIC

- Embracing the New Curriculum
- A well-rounded and challenging academic program
- Well-developed Learning Assistance Program
- Support for English Language Learners
- French in all grades beginning in Kindergarten
- Technology

SPORTS

- Winter sport activities: skating, and downhill
- Daily physical activity
- Swimming at the Four Seasons Pool
- Extracurricular programs in basketball, volleyball, soccer, and cross-country running

FAITH DEVELOPMENT

- Assisting families in sacramental preparation
- Show Choir sings in the community
- Christmas concert
- Regular Eucharistic celebrations and Prayer Services
- St. Vincent de Paul brown bag lunches, dinner matts for St. Vincent dinners, fundraising for those in need in the community.
- Holy Childhood fundraising
- Community outreach to SPCA, Festival of Trees and Senior Homes

FINE ARTS

- A biennial school drama production involving all students in the school
- Two Rivers Art Gallery school membership and regular visits
- Attend Theatre performances at the Playhouse.
- Participation in the annual Speech Arts & Drama Festival of Prince George
- Singing performances throughout school year

ENVIRONMENTAL PROGRAMS

- Eco-Active School status
- Recycling of paper, juice boxes, cans, bottles, cardboard and paper
- School garden
- Monthly visits from REAPS and participation in the vermi-composting program
- Salmon Hatching

SOCIAL JUSTICE COMMUNITY INVOLVEMENT

- Annual food drives for the Society of St. Vincent de Paul
- Festival of Trees supporters
- Annual Terry Fox Walk/Fundraiser for cancer research
- Facilitation of UNBC student teachers

FIELD TRIPS

- Within walking distance of many community facilities (Two Rivers Art Gallery, Public Library, Exploration Place Museum, Coliseum, Civic Centre, Fort George Park, Four Seasons Pool)
- Out of town year-end field trips may be to Barkerville, Huble Homestead, Fort St. James, Ancient Forest and Camp Morice

FAMILY AND SPIRIT ACTIVITIES

- Meet the Teacher Social Evening
- Celebrations for Hallowe'en, Christmas and St. Valentine's Day
- December Hot Turkey Lunch
- Family Movie Nights
- Gala fundraiser yearly.
- Panther School Spirit days
- Winter Olympics and Summer Olympics
- Feast Day BBQ

AFTER SCHOOL CARE

- After School Care by Kool Cats is provided on church property

Kindergarten is filling up for 2016-2017 School year. Save your spot now by coming in for an interview with our Principal.



Field Trips



A visit to
Mrs Mills'
Garden

Students enjoy
the assembly with
Mrs. Cartmell as a
'superstar'



IC Students
enjoy climbing
Mt Pope



Students head
to the Festival
of Trees



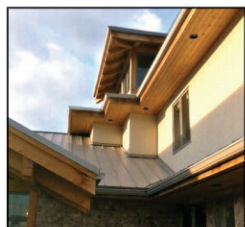
Grade 5
trip to
Barkerville



Our choir
singing at
the Festival
of Trees

marathon

EAVESTROUGHING • DECKS • RAILS



Eavestroughing

- Continuous gutters
- 5" & 6"
- Commercial - residential
- Facia cover
- Gutter guards
- Colours galore



Vinyl and Wood Decks & Patio Covers

- Maintenance free
- Waterproof vinyl decks
- Professional installation
- Deck renovations



Aluminum & Glass Railings

- Adds safety & style to your home
- Powder coat finish in a variety of colours
- Professional installation

250-964-2544

Toll Free 1-800-964-2544 www.marathonltd.com



Extra Curricular Activities



Sacred Heart
SCHOOL

Sacred Heart Panthers run with pride at a X-country meet



Exciting action at the IC intramurals



Our students running in the Terry Fox Run



Sacred Heart Panthers get ready to raise money in the Terry Fox walk.

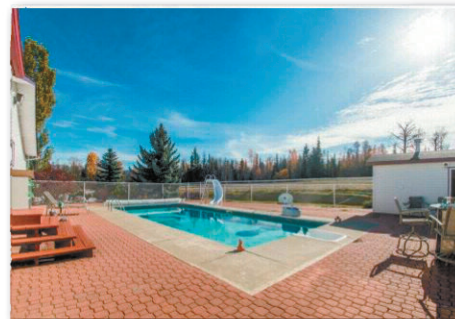


The great IC choir singing at the Festival of Trees



Our grade 7's playing the last post at our Remembrance Day Ceremony

Featured Home 3265 Geddes Rd • \$1,175,000



Shawn McLaughlin

250-640-5478

Absolutely fantastic rural property just 15 minutes East of Prince George. 160 beautiful, fenced and cross-fenced acres with 2 large 60x60 shops with power and 1 with radiant heat. Cattle, sheep, horses once grazed these pastures out of the 2 additional barns. The home itself boasts 5 bedrooms, 3 bathrooms at over 5,800 sq ft. Kitchen features two ovens, and a Heartland 4 burner gas grill with breakfast griddle! Have fun making drinks in your fully functioning bar to entertain guests. Outdoor pool and fresh clean air make this a property you must view to appreciate. Only a short 12 minute drive from downtown, you'll appreciate the peace and quiet once you arrive.



RE/MAX
CENTRE CITY REALTY
Each Office is independently owned and operated

1679 - 15th Ave. Prince George, BC V2L 3X2
250-562-3600 • 1-800-667-7330
www.remax-centrecity.bc.ca

Sports Fun!



The IC Kodiaks at the Terry Wilson Cup

Sacred Heart Panthers R.O.A.R.: "Respect, Optimism, Acceptance, Rejoice"



Sacred Heart SCHOOL

Sacred Heart Panthers bring home the FIRST place for both the girls and boys volleyball Independent Schools Tournament.



Sacred Heart SCHOOL

IC cheering their teammates on at the Terry Wilson Cup



Sacred Heart Cathedral

www.shcathedralpg.bc.ca | 887 Patricia Blvd | 250.564.5225

PASTOR Bishop Stephen Jensen

PASTORAL TEAM AND STAFF

Rev. Melvin Pinto OCD - Rector
Rev. Ronald Sequeira OCD - Associate Pastor
Ms. Caudia Betz - Pastoral Assistant & Youth Coordinator

MASSES

Monday - Friday 12:10 pm
First Friday of the month 12:10 pm
Mass with Adoration & Benediction until 1:30 pm
Saturday 9:00 am & 5:30 pm (Sunday Mass)
Sunday 9:00 am & 11:00 am

SACRAMENT OF RECONCILIATION

Saturday 4:30 pm - 5:15 pm
Sunday 8:30 am - 8:45 am or by appointment

PARISH

OFFICE HOURS

Monday - Closed
Tuesday - Friday
8:00 am - 12:00 pm
1:00 pm - 3:00 pm

R0011163680



The St. Mary's girls Volleyball team know how to cheer!

Both St. Mary's teams waiting for the trophy presentations.



Why Do We Choose Catholic Schools?

Immaculate Conception



Mr. Donncha O'Callaghan
Principal

"I enjoy working in our system because it is a loving and caring faith community."



Ms. Ames
Teacher

"I like working in a collaborative team environment."

Mrs. Kruger
Teacher

"I appreciate being able to teach our Christian values through all we do."



Mrs. Schenk
Teacher

"We have great kids at our school and it is great to see teachers and parents working together, there is a wonderful sense of community."

Sacred Heart



Ms. Rebecca Gilbert
Principal

"Our Catholic School is a vibrant learning community where we can share the core of who we are as faith filled people"



Mr. Horianopoulos
Teacher - Grade Two

"I wanted to work in a community where I felt supported and could support others in faith."



Mrs. Cartmell
Teacher - Grade One

"Our school is more than a learning and growing environment, it's a family"

St. Mary's



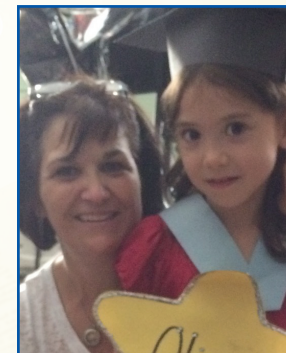
Mr. Brent Arsenault
Principal

"I love being part of a faith filled caring community of learners."



Ms. Gillian Roberts
Teacher

"I really like the community feel, and supportive team atmosphere."



Ms. Patti Garden
Teacher

"I love teaching in our Catholic schools as it provides a wonderful opportunity to put our faith and values into action. It is a pleasure working in a warm and collaborative learning environment, whether it is with parents, colleagues or support staff."

Church of the Immaculate Conception

3285 Cathedral Avenue, Prince George, B.C. | 250.964.4898 | www.icparish.ca

Merciful Like The Father

In this Extraordinary Jubilee Year of Mercy, Pope Francis has proclaimed "a time when the witness of believers might grow stronger and more effective."

In our Catholic School, our Principal, Mr. O'Callaghan, the teachers and staff, daily witness to God's mercy in their loving concern for their students and their families. They actively **Proclaim Jesus with Loving Hearts.**

Fr Chris Lynch
Pastor.



MASSES

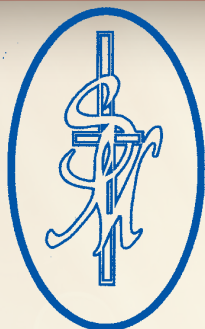
Mon - Sat 9:00 am
Sunday 9:00 am,
11:00 am & 7:00 pm

New Patients Always Welcome

KEYSTONE
— D E N T A L —

Tel: 250.614.4444 • Toll Free: 1.888.590.8028 • keystonedental.net

#114-1600 15th Avenue
www.keystonedental.net



St. Mary's Catholic School

**"We put our Faith
in Learning!"**



1088 Gillett Street
Prince George, BC V2M 2V3

Brent Arsenault
Principal

Phone: 250-563-7502 Fax: 250-563-7818
Email: stmarys@cispg.ca

www.stmaryspg.org



Immaculate Conception Catholic School

**"A School
on a Mission"**



3285 Cathedral Avenue
Prince George, BC V2N 5R2

Donncha O'Callaghan
Principal

Phone: 250-964-4362 Fax: 250-964-9465
Email: icsoffice@cispg.ca

www.icschool.ca



Sacred Heart Catholic School

**"A Vibrant School
with a Big Heart"**



785 Patricia Boulevard
Prince George, BC V2L 3V5

Rebecca Gilbert
Principal

Phone/Fax: 250.563.5201
Email: sacredheart@cispg.ca

www.shspg.com

**"The world tells us to seek success, power
and money; God tells us to seek humility,
service and love."**

- Pope Francis