



- arrange meeting with principal to exchange information
- notify school personnel of your child's allergens in order of severities
- provide the school with a recent photograph of your child
- complete *The Request and Consent Form for the Administration of Injection of Medication in an Emergency Form*
- provide the school with required number of Epi-Pens® and make sure they are not expired
- consider a Medic Alert ® bracelet for your child
- educate yourself about foods that can cause anaphylactic reactions
- stress with your child and the school staff that only foods from home are to be eaten
- keep up to date about education and new information in this field
- research field trip sites for allergen risks
- accompany your child on field trip if possible
- inform school bus driver about your child's medical needs
- verify all posted information about your child
- inform school staff of any allergic reactions that occur outside of school hours